

# Healthy Communities Partnership Day Policy Direction Worksheet

Policy Direction: Healthy Communities Charter Group

#### **Draft Policy Direction:**

Target: Local municipalities

Participants: municipalities, interested citizens, community groups

Settings: Throughout the community

#### Activities:

Develop a Healthy Community Charter for Lanark, Leeds and Grenville addressing on all six areas.

Create a designation system for municipalities similar to 'Communities in Bloom' or 'Youth Friendly Community Recognition Program 2010'. (samples provided)

Develop a set of indicators that would encourage the development of a Healthy Community, focus could change each year.

Start small and build. (Levels of designation: bronze, silver, gold)

E.g "Grow Local" – 3 residents who have a garden that grows vegetables

E.g. Kms of trails available to public

After reviewing the draft policy direction, what would this group add?				
Policy:				
Target: Municipalities and eventually 8 in Lanark County				
Participants: Panel to audit the criteria and make recommendations for awarding levels.				
Setting:				
Activities:				

# Action to Advance the Policy Direction

What actions could you do in your organization/workplace or sphere of influence?	What actions could you take in your network?	What actions could be taken to advance the policy direction in the community?

# Supports to Advance the Policy Direction

How can we support each other in advancing this policy direction?	What supports would we need from the Health Communities Partnership? (Examples: assessment, training, resources, evaluation)	

#### **Additional Comments**

**Underlying Issues:** 

How to work with municipalities to get them to "buy in"

Municipalities "shy away" from policy, need a champion

Where does the province fit?

They could mandate / legislate but haven't in this instance.

Concept Easily Attainable	Bronze	Silver	Gold
Physical Activity	Access to free venues	% organizations / vs unorganized	More Policy level work
Healthy Eating	% Grow local council members, staff attending training	Vending machines, sports camps.	
Substance	MDS established	Non alcohol events	
Tobacco	Promote speakers in the community	Support to organization e/g/ Canadian Cancer Society & Heart and Stroke	
Mental Health	Education session	Sense of inclusion	Points for joint initiatives
Injury	Sidewalks, bike helmet teaching.		

**Accessibility Points** 

### Youth Friendly Community is Good example: Reapply annually, could maintain or go up a level

This is to be community and HCP driven
Focus on "recognition" especially of what they are already doing well.
Long Term Goal: a Charter developed
Friendly competition
Criteria could be sliding scale broad to choose from
Increase sense of belonging
Look at removing barriers

Other ways of reaching Municipalities
Day just for municipalities
Go to council meetings with press at the meeting
Healthy Communities Council
Compared to how MDS was initiated
Small communities need support to keep their community halls open
Only meeting place and they need funds.